

公益財団法人日米医学医療交流財団 留学助成

研修報告書 (2022年度 助成者)

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研修先機関名	Hawaii Tokai International College
研修期間	2022年8月15日 (月) ~ 8月20日 (土)
大学名 学年	奈良県立医科大学 5年
<p>Before the trip, I was worried about Covid situations and seriously considered cancelling, but nice weather in Hawaii made me forget about that. (Off course, I followed local public health rules!)</p> <p>In this program, I leaned many things that I can never do in my university. First, it was the first time I attended formal PBL sessions. I found it very interesting, but felt that self-study was more important than traditional one-way lectures. JABSOM students must be very tough and motivated to endure PBL-oriented curriculum!</p> <p>Second, case presentation sessions were the toughest parts in this program. Although it was relatively easy to come up with the most likely diagnosis, constructing differential diagnoses and making reasonable arguments to reach the conclusion was surprisingly difficult. I also struggled to speak confidently and smoothly. Eliciting thorough information including review of systems is difficult, even in Japanese! But Dr. Shon and other advisors encouraged me to go ahead and now I feel some what more confident, but I will make more practice in Japan.</p> <p>Third, I am now more familiar with American internship/ residency. Teachers taught us that medical career in the U.S. is difficult and expensive but never out-of-reach. I now feel the responsibility to at least try to cross over the border. I made a lot of new friends. Initially, I was nervous because I was the only one from Nara Medical University. However, classmates from other universities, such as Tokai University, Kobe University and Keio University, were very kind to me and hope we can meet again someday, hopefully in the U.S. or other countries. Students at JABSOM were very tolerant of my not-good English. Personally, I was impressed by the diversity of JABSOM students. In this regard, I was struck by the lecture by Dr. Zhou on his journey from his birth in Asia to American medical establishment and his episodes of racial discrimination.</p> <p>Finally I appreciate the generous financial support of Japan North American Medical Exchange Foundation and Dr Keiichi Kobayashi. Throughout the program Dr. Kobayashi taught us a lot and his advice on improving English skills was extremely valuable for me. Finally, without the program coordination of Mika Kuriyama, it would have been a miserable week. Arigato Gozaimashita.</p>	